

17-Nov-18		2018 GPC LČ BENCHPRESS PUSH&PULL-Kg Results													
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Reshel	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	Pl code	Pl-Div-WtCl	Team
Anželina Romanoviča B	55	F4	74	75	1.555	100				100	155.5	190.4875	1	1-F4-75	DECALIFTING
Ilona Grīva	49	F2	88	90	1.433	45	50	55		55	78.815	87.721095	1	1-F2-90	LĪVĀNI
Svetlana Elste	34	FO	55.2	56	1.9344	45	47.5	-50		47.5	91.884	91.884	1	1-FO-56	ind.
Inna Tretjaka	33	FO	81	82.5	1.488	95	-100	-100		95	141.36	141.36	1	1-FO-82.5	Ventspils
Dainis Zakis	57	M4	87.4	90	0.9874	130	-135			130	128.362	162.76301	1	1-M4-90	BAUSKA
Genādijs Smorigo	56	M4	91.3	100	0.9596	105	110	-120		110	105.556	131.52277	1	1-M4-100	RMI GYM
Oļegs Iljarionovs	53	M3	97	100	0.927	185	195	-207.5		195	180.765	214.02576	1	1-M3-100	ind.
Gvido Kohs	53	M3	107	110	0.892	165	180	-190		180	160.56	190.10304	1	1-M3-110	Ventspils
Vladimirs Ponomarjovs	45	M2	96.7	100	0.9282	130	-140	140		140	129.948	137.09514	1	1-M2-100	BAUSKA
Raimonds Grīgs	47	M2	93	100	0.948	125	130	135		135	127.98	138.47436	1	2-M2-100	LĪVĀNI
Mareks Leitīs	42	M1	138.7	140	0.842	220	227.5			227.5	191.555	195.3861	1	1-M1-140	LĪVĀNI
Renāts Dmitrijevs	18	MT3	82.5	82.5	1.029	85	90	95		95	97.755	103.6203	1	1-MT3-82.5	LĪVĀNI
Nikita Ivanovs	19	MT3	106.4	110	0.894	120	125	130		130	116.22	120.8688	1	1-MT3-110	LĪVĀNI
Dmitrijs Šlickovs	17	MT2	58	60	1.497	50	-65	-65		50	74.85	80.838	1	1-MT2-60	LĪVĀNI
Nikita Kruuminsh	16	MT2	67	67.5	1.246	70	72.5	-75		72.5	90.335	102.07855	1	1-MT2-67.5	ind.
Aleksandrs Krišovs	16	MT2	73	75	1.147	85	87.5	-90		87.5	100.3625	113.40962	1	1-MT2-75	BAUSKA
Nikita Tkačenko BP	16	MT2	122.9	125	0.86	145				145	124.7	140.911	1	1-MT2-125	RMI GYM
Daniels Maizhus	16	MT2	113.1	125	0.8766	60	65	-70		65	56.979	64.38627	1	2-MT2-125	BAUSKA
Sandis Saskovs	16	MT2	131.3	140	0.85	130	135	-137.5		135	114.75	129.6675	1	1-MT2-140	BAUSKA
Vladislavs Ivanovs	13	MT1	70.2	75	1.1908	30	35	42.5		42.5	50.609	64.77952	1	1-MT1-75	LĪVĀNI
Dmitrijs Leontjevs BP	15	MT1	84.4	90	1.0118	120				120	121.416	143.27088	1	1-MT1-90	RMI GYM
Vladislavs Savenko	15	MT1	88.5	90	0.979	55	57.5	60		60	58.74	69.3132	1	2-MT1-90	LĪVĀNI
Raitis Ormanis	15	MT1	96.8	100	0.9278	100	105	110		110	102.058	120.42844	1	1-MT1-100	LĪVĀNI
Pavels Kijanovs	27	MO	88.5	90	0.979	190	-200	-200		190	186.01	186.01	1	1-MO-90	ind.
Elvijs Zhieds	27	MO	85.7	90	1.0004	140	150	160		160	160.064	160.064	1	2-MO-90	BAUSKA
Andris Grocs	33	MO	87	90	0.99	140	-147.5	-152.5		140	138.6	138.6	1	3-MO-90	ind.
Kristaps Dūdiņš BP	24	MO	98.2	100	0.9222	191				191	176.1402	176.1402	1	1-MO-100	
Edgars Sproģis	30	MO	92.5	100	0.951	162.5	172.5	177.5		177.5	168.8025	168.8025	1	2-MO-100	OLYMP
Andrejs Blohins	37	MO	99.6	100	0.9166	155	162.5	-170		162.5	148.9475	148.9475	1	3-MO-100	ind.
Toms Ogonkovs	28	MO	110	110	0.885	180	-190	-190		180	159.3	159.3	1	1-MO-110	OLYMP
Aigars Seniņš	35	MO	107.9	110	0.89	155	165	172.5		172.5	153.525	153.525	1	2-MO-110	Ventspils
Martins Zviedrans	28	MO	109.7	110	0.8852	-190	-190	-190		0	0	0	1	0	LĪVĀNI
Gatis Lepste	36	MO	118.1	125	0.867	230	240	-250		240	208.08	208.08	1	1-MO-125	Ventspils
Ardo Lilleorg	28	MO	110.8	125	0.8828	215	-220	220		220	194.216	194.216	1	2-MO-125	ESTI
Konstantīns Sobolevs B	28	MO	117	125	0.869	210				210	182.49	182.49	1	3-MO-125	ind.
Intars Saukājs BP	24	MO	117	125	0.869	190				190	165.11	165.11	1	4-MO-125	LĪVĀNI
Raiko Borissov	29	MO	134.5	140	0.847	250	-262.5	-262.5		250	211.75	211.75	1	1-MO-140	ESTI
Jānis Strautmanis	30	MO	140	140	0.84	190	200	-205		200	168	168	1	2-MO-140	Gold Barbell
ABSOLŪTAIS VĒRTĒJUMS:															
SĪVIETES:															
		1.Anželina Romanoviča													
		2.Inna Tretjaka													
		3.Svetlana Elste													
JAUNIEŠI:		1.Dmitrijs Leontjevs													
		2.Nikita Ivanovs													
		3.Raitis Ormanis													
SENIORI:		1.Oļegs Iljarionovs													
		2.Mareks Leitīs													
		3.Gvido Kohs													
OPEN:		1.Raiko Borissov													
		2.Gatis Lepste													
		3.Ardo Lilleorg													
KOMANDAS:		1.LĪVĀNI													
		2.BAUSKA													
		3.VENTSPILS													
		4.RMI GYM													
		5.ESTI													
		6.OLYMP													
		7.DECALIFTING													
		8.GoldBarbell													