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GPC WORLD CHAMPIONSHIPS 2023
POWERLIFTING, SQUAT, BENCHPRESS & DEADLIFT
09.10.2023-15.10.2023.

Venue: Kiskunfélegyházi Városi Sportcsarnok – Kiskunfélegyháza, Kossuth Lajos u. 35. H-6100

Organizers: **Magyar Professzionális Erőemelő Liga &** Global Powerlifting Commitee (GPC)
Meet director: Németh László **Main organiser: Patyi Zoltán**

Rules: These Championships will be conducted using the 2023 GPC Rules. The Rulebook is available to download from the GPC Website – www.worldgpc.com

Weigh-In Schedule: All competitors must weigh in the day before they lift, starting on 08.10.2023. Lifters are not permitted to weigh in on the day of lifting.

Categories:

All GPC Weight & Age Categories – Male & Female - Raw and Equipped
See Rulebook on www.worldgpc.com
The age will be determined by the lifter's age on Day 1 of the championships (rulebook 2023)
Teenage: 13-15; 16-17; 18-19 years
Junior: 20-23 years
Open (Senior): 24-39 years;
Masters: 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80 years and above
Paralympic: Lifters competing in this category must be able to use the standard lifting equipment as the GPC does not have specialised equipment. Lifters who cannot complete the lifts as per GPC rules and who have a disability, must enter the Paralympic category for their Age/Weight division. Lifters with a disability who can complete the lifts as per the GPC rules can opt to lift in the Paralympic category or standard category. Lifters who have prosthetic limb(s) which are worn on the platform must weigh in wearing the prosthetic limb(s)

Disciplines:

EQUIPPED	**RAW**	**F8 Shirt**
Powerlifting	Powerlifting	Benchpress
Benchpress	Benchpress	
Deadlift	Deadlift	
Squat	Squat	

Entry Fees:

All lifters must pay their entry fees to their national federation. The national federation is responsible for submitting the team list and team payment by the closing date to avoid the late penalty fees. All entry fees must be paid in the currency of the organising nation which is Euro for this event.
First Event: €85 - Open & Masters/€65 - Juniors & Teens
Additional Events: €35 per event
Late Entry Fees (paid after closing date but before weigh-in) **plus €30 per event**
Entry fees paid at weigh-in plus €50 per event

Change of events from those submitted on team list:

(a) Once the competitors list has been issued after the entry closing date, lifters wishing to enter additional events will be charged both the entry fee and the late entry fee per additional event.
(b) If a lifter wishes to change his/her original event after the competitors list has been issued, the original entry fee for the entered event will be forfeited (this fee may be waived at the discretion of the championships organizer in the case of injury or other exceptional circumstances) and the lifter charged both the entry fee and the late entry fee for the new event

Closing Date:

15. September 2023. Team List & Entry Fees must be submitted by this date by the national federations otherwise late entry fees will apply. Each nation must set their own closing dates for lifters to submit their entry for inclusion on the team list.

Weigh-in Schedule:

Day	Morning	Evening
Sunday 08/10/23	**11am – 1pm**	**4pm – 6pm**
Monday 09/10/23 – Saturday 14/10/23	**8am – 10am**	**3pm – 6pm**

All weigh-ins take place the day before lifting, There will be no weigh-ins on the day of lifting.

Lifting Schedule: Daily start times and schedules will be published only after the weigh in. The list of competitors will be released after the closing date. There will be an opening ceremony before lifting commences on the first day.

09. 10. October Monday	**Raw Powerlifting** **EQ Powerlifting**	**All women** **All lifters**
10. 10. October Tuesday	**Raw Powerlifting**	**All masters - men**
11. 10. October Wednesday	**Raw Powerlifting**	**All teens - men** **All junior - men**
12. 10. October Thursday	**Raw Powerlifting**	**All open - men**
13.10. October Friday	**Raw Squat** **EQ Squat** **EQ Benchpress** **F8 Benchpress** **EQ Deadlift**	**All lifters** **All lifters** **All lifters** **All lifters** **All lifters**
14. 10. October Saturday	**Raw Benchpress** **Raw Benchpress** **Raw Deadlift**	**All women** **All teens - men** **All lifters**
15. 10. October Sunday	**Raw Benchpress**	**All junior - men** **All open - men** **All masters - men**

Team List: All lifters must submit their entry forms and entry fees (with the exception of Individual GPC Members from Non-Affiliated Countries) to their National Federation to be included on that Country's team list. This team list has to be mailed to both **hungarianpowerliftingcongress@gmail.com** & **worldgpcsecretary@gmail.com** & the entry fee paid by the National Federation in Euro to the organiser by **15/09/2023.**

Eligibility: All lifters must be members of the GPC. Each nation sets their own entry requirements. Lifters must enter through their national federation.
Lifters from countries which are not members of the GPC, can apply for Individual Membership of the GPC prior to the championships. Email **worldgpcsecretary@gmail.com** to check if individual membership can be applied for and to receive the form or download it from (**http://www.worldgpc.com/index.php/downloads**)

Visas: Before requesting a visa support letter from the GPC Secretary or the Meet Director, please ensure you read page 4 of the 2023 GPC rulebook.
https://drive.google.com/drive/folders/0B5cMCA2voX7uNnRmZDU0eElFTTA?resourcekey=0-owxA6k_9YWkj6TmU4t1KMQ
All lifters/coaches for whom a visa support letter is required must be included on the team list which must have been submitted to the event organiser prior to the visa request being made and the entry fee paid by the closing date (to avoid late fees also being applied). Individual lifters must already have joined the GPC and entered the championships before visa support letters can be issued.

Website: All information will be included on: **www.gpcworlds23.com**
Entry forms are only available from the national federations or for individual lifters on request from **worldgpcsecretary@gmail.com**
The list of competitors can only be posted after the closing date.

Bank details:
OTPBank
Hungarian Professional Powerlifting League
SWIFT: OTPVHUHB
IBAN: HU48 11763031-38586880-00000000
When paying entry fees please include the name of the nation, the account owner's name, address & email

Transfers: Contact: Zoltán Patyi **patyizoltan.zoltan@gmail.com**
To arrange transfers, the competitor's arrival & departure details must be supplied by 30th September.

Budapest - Kiskunfélegyháza 30 euros/person/way (Liszt Ferenc Airport)
Budapest - Kecskemét 30 euros/person/way (Liszt Ferenc Airport)
Kecskemét - Kiskunfélegyháza 15 euros/person/way

Accommodation: - Kiskunfélegyháza

- **Oazis Hotel** oazisszallo@gmail.com +36-76/461-427 6100 Kiskunfélegyháza Szegedi út 13.
- **Malom Panzió** amalompanzio@gmail.com +36-30/4772503 6100 Kiskunfélegyháza Szentesi út 23/A
- **Belvárosi Apartman Szálló** belvarosiszallo@gmail.com +36-30/8265465;
- +36-30/943 4616 6100 Kiskunfélegyháza Deák Ferenc u. 2.
- **Móra Apartman** hajraf73@gmail.com +36-70/776-7373 6100 Kiskunfélegyháza Móra Ferenc tér 8.
- **Központi Apartman** hajraf73@gmail.com +36-70/776-7373 6100 Kiskunfélegyháza Dr. Holló Lajos utca 45/IV./10.
- **Platán apartman** +36-76/761-427 6100 Kiskunfélegyháza Kossuth Lajos u. 17/a
- **Fekete Lovastanya** feketebenoe@gmail.com ; feketelovastanya@gmail.com
- +36-30/561-2143 6100 Kiskunfélegyháza VI. körzet tanya 4.
- **Torony Lovarda** info@toronylovarda.eu , serike774@gmail.com +36-20/9677-625
- 6100 Kiskunfélegyháza IX. körzet tanya 255.
- **Akácos Tanya**: akacostanya@gmail.com +36-30/3071-099 6100 Kiskunfélegyháza VI. körzet tanya 5.
- **Albus Unicornis** kissmarci@gmail.com +36-20/588-7125; +36-20/468-3217 6100 Kiskunfélegyháza XII. kerület 5.
- **Róza Tanya** info@rozatanya.hu +36-30/973-2112 6100 Kiskunfélegyháza X. kerület 116.
- Pitypang Vendégház pitypangvendeghazunk@gmail.com
  6100 Kiskunfélegyháza Kossuth Lajos utca 15/a

Accommodation - Kecskemét

- **Gokart Hotel & Restaurant Kecskemét** 6000 Kecskemét, Szent László krt. 64.
- **Aqua Hotel Kecskémet** 6000 Kecskemét Csabay Géza krt. 5.
- **Four Points by Sheraton Kecskemét Hotel és Konferenciaközpont** 6000 Kecskemét Izsáki út 6.
- **Boutique Hotel Center** 6000 Kecskemét Arany János utca 3.
- **FOLK in Old Town** 6000 Kecskemét, Mária utca 8.
- **Hotel Talizmán** 6000 Kecskemét, Kápolna u. 2.

- **Szőlőfürt Fogadó** 6000 Kecskemét, Szent István krt. 23.
- Kazinczy Apartment 6000 Kecskemét, Kazinczy u. 16.
- **Hotel Central** 6000 Kecskemét, Kisfaludy utca 10.
- **Aranyhomok Business-City-Wellness Hotel** 6000 Kecskemét, Kossuth tér 3.
- **Hotel Három Gúnár** 6000 Kecskemét, Batthyány u. 1-7.
- **Hotel Uno** 6000 Kecskemét, Beniczky Ferenc u. 4.
- **Juniperus Park Hotel** 6000 Kecskemét, Mártírok útja 88.

See you in Kiskunfélegyháza!