

08.06.2023 Kuldīgas Kauss 2023

Push & Pull

Name	Age	Div	BWT (Kg)	WCiCs (Kg)	Reset	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WCiC	Team
Aija Mikuliča	45	F2	59.4	60	1.7976	55	57.5	-60	57.5	135	140	145		145	202.5	364.014	384.0	1-F2-60	Goldbarbell
Dace Gulbe	42	F1	81.4	82.5	1.484	32.5	37.5	42.5	42.5	95	105	-110		105	147.5	218.89	223.3	1-F1-82.5	Kuldīga
Līga Truntika	42	F1	80.4	82.5	1.493	37.5	40	-42.5	40	95	105	-115		105	145	216.485	220.8	2-F1-82.5	Fortelecava
Ance Pšecenko	22	FJ	60	60	1.783	42.5	47.5	51	51	85	95	101	105	101	152	271.016	273.7	1-FJ-60	Kuldīga
Viktorija Rathena	19	FT3	72	75	1.58	45	-50	50	50	95	102.5	110		110	160	252.8	262.9	1-FT3-75	Kuldīga
Enija Bērzupe	16	FT2	57.4	60	1.8554	27.5	30	-35	30	65	72.5	77.5		77.5	107.5	199.4555	225.4	1-FT2-60	Rozental
Sanda Giluļa	14	FT1	47	48	2.387	37.5	40	-42.5	40	85	90	-92.5		90	130	310.31	381.7	1-FT1-48	Fortelecava
Diāna Mežacka	15	FT1	60	60	1.783	45	-50	50	50	100	107.5	-112.5		107.5	157.5	280.8225	331.4	1-FT1-60	Saldus
Karina Tjuševa	25	FO	48.9	52	2.2536	27.5	32.5	-35	32.5	60	60	-75		60	92.5	208.458	208.5	1-FO-52	Fortelecava
Mārlin Meus	35	FO	59.8	60	1.7878	50	52.5	-55	52.5	120	127.5	135		135	187.5	335.2125	335.2	1-FO-60	KoverKang
Krista Fridrišone	30	FO	59	60	1.808	42.5	-50	-55	42.5	90	100	105		105	147.5	266.68	266.7	2-FO-60	Rozental
Kristine Rathena	41	FO	67.4	67.5	1.6406	65	70	73	73	135	145	152.5		152.5	225.5	369.9553	373.7	1-FO-67.5	Kuldīga
Aleksis Koškins	23	MI	76.2	82.5	1.1006	-100	105	107.5	107.5	160	170	175		175	282.5	310.9195	310.9	1-MJ-82.5	VikingR
Andrejs Sobačevskis	23	MI	93.7	100	0.9442	115	120	125	125	140	155	170		170	295	278.539	278.5	1-MJ-100	VikingR
Guntars Ērkšis	48	M2	107.5	110	0.891	120	-130		120	240	250	255		255	375	334.125	366.5	1-M2-110	Venstplis
Jaak Ruusmaa	45	M2	122.1	125	0.861	165	175	-180	175	240	255	270		270	445	383.145	404.2	1-M2-125	KoverKang
Māreks Letis	46	M2	137.4	140	0.843	205	215	-222.5	215	210	230			230	445	375.135	400.6	1-M2-140	Kuldīga
Atis Gorodko	19	MT3	58.6	60	1.4744	70	72.5	-77.5	72.5	120	130	140		140	212.5	313.31	325.8	1-MT3-60	Fortelecava
Pēteris Krastiņš	18	MT3	65.6	67.5	1.2766	65	70	-75	70	150	160	170		170	240	306.384	324.8	1-MT3-67.5	Fortelecava
Ričards Kleinbergs	16	MT2	65.7	67.5	1.2742	60	65	70	70	115	120	127.5		127.5	197.5	251.6545	284.4	1-MT2-67.5	Rozental
Raens Marko Rozenbergs	16	MT2	72.6	75	1.1534	75	82.5	85	85	145	155	170		170	255	294.117	332.4	1-MT2-75	
Renāts Tokmačovs	16	MT2	68	75	1.228	75	80	85	85	130	135	140		140	225	276.3	312.2	2-MT2-75	Fortelecava
Mārtiņš Sidorenkovs	17	MT2	82.2	82.5	1.0316	110	117.5	122.5	122.5	180	190	-200		190	312.5	322.375	348.2	1-MT2-82.5	Fortelecava
Roberts Gilučs	16	MT2	77.4	82.5	1.0852	90	97.5	-105	97.5	175	185	195		195	292.5	317.421	358.7	2-MT2-82.5	Fortelecava
Kristofers Birks	17	MT2	88.9	90	0.9768	55	62.5	-70	62.5	90	105	117.5		117.5	180	175.824	189.9	1-MT2-90	Fortelecava
Gustavs Grundulis	16	MT2	91.2	100	0.9602	80	85	-87.5	85	130	150	155		155	240	230.448	260.4	1-MT2-100	Rozental
Kārlis Šisieris	16	MT2	108.7	110	0.8882	80	90	-100	90	160	175	180	190	180	270	239.814	271.0	1-MT2-110	Rozental
Rodrigo Zombergs	13	MT1	55	56	1.642	42.5	47.5	50	50	87.5	95	97.5		97.5	147.5	242.195	310.0	1-MT1-56	Saldus
Jorens Beiers	13	MT1	54.9	56	1.6472	37.5	42.5	45	45	85	92.5	95		95	140	230.608	295.2	2-MT1-56	Saldus
Maksims Matvejevs	15	MT1	66.2	67.5	1.264	-70	75	-82.5	75	137.5	145	-150		145	220	278.08	328.1	1-MT1-67.5	Rozental
Markus Raivo Rijnjeiks	14	MT1	71	75	1.178	50	55	60	60	115	125	135		135	195	229.71	282.5	1-MT1-75	Fortelecava
Daniels Hodononoks	14	MT1	71.2	75	1.1748	55	57.5	60	60	100	115	-117.5		115	175	205.59	252.9	2-MT1-75	Saldus
Kārlis Strakis	13	MT1	93.9	100	0.9428	60	65	70	70	150	160	170	-175	170	240	226.272	289.6	1-MT1-100	Saldus
Deivids Runis	14	MT1	96.8	100	0.9278	50	52.5	55	55	110	117.5	125		125	180	167.004	205.4	2-MT1-100	Saldus
Gvido Ozols	14	MT1	104.7	110	0.899	72.5	77.5	82.5	82.5	165	175	185		185	267.5	240.4825	295.8	1-MT1-110	Saldus
Kevin Jekabsons	15	MT1	128.8	140	0.853	67.5	72.5	-75	72.5	130	155	180		180	252.5	215.3825	254.2	1-MT1-140	Rozental
Roberts Stripiāns	30	MO	80.9	82.5	1.0448	105	112.5	-117.5	112.5	180	187.5	200		200	312.5	326.5	1-MO-82.5	Goldbarbell	
Intars Baumanis	25	MO	81.1	82.5	1.0428	150	-160	-160	150	-275				0	0	0	0.0	0	Fortelecava
Edgars Peterļevics	37	MO	87.9	90	0.9838	170	180	190	190	255	262.5	-267.5		262.5	452.5	445.1695	445.2	1-MO-90	Kuldīga
Lauris Drullis	28	MO	89.5	90	0.972	100	110	-120	110	160	170	180		180	290	281.88	281.9	2-MO-90	Rozental
Ritvars Januškevičs	31	MO	85.6	90	1.0012	130	140	-150	140	0				0	0	0	0.0	0	Goldbarbell
Dmitrijs Ozerovs	36	MO	96.5	100	0.929	-115	115	-125	115	200	215	225		225	340	315.86	315.9	1-MO-100	Kuldīga
Aleksandrs Krasutins	31	MO	109.5	110	0.886	175	182.5	-190	182.5	230	250			250	432.5	383.195	383.2	1-MO-110	Goldbarbell
Artis Kronbergs	30	MO	106.2	110	0.8942	155	165	170	170	240	250	255		255	425	380.035	380.0	2-MO-110	Rozental
Māris Rāzmanis	36	MO	101	110	0.911	155	165	-170	165	230	245	-255		245	410	373.51	373.5	3-MO-110	Fortelecava
Kaarel Kaldvee	28	MO	121.7	125	0.8612	235	240	-245	240	300	305	-310		305	545	469.354	469.4	1-MO-125	KoverKang
Kristaps Somošs	34	MO	120	125	0.864	160	170	175	175	300	315			315	490	423.36	423.4	2-MO-125	Goldbarbell
Ričards Sotaks	28	MO	115.9	125	0.871	155	165	-170	165	-250	-250	250		250	415	361.465	361.5	3-MO-125	Kuldīga

Absolūtīe spēcīgākās sievietes:	Absolūti spēcīgākie OPEN
1. Aija Mikuliča	1. Kaarel Kaldvee
2. Sanda Giluļa	2. Edgars Peterļevics
3. Kristine Rathena	3. Kristaps Somošs
Absolūti spēcīgākie jaunieši:	Absolūti spēcīgākie veterāni
1. Roberts Gilučs	1. Jaak Ruusmaa
2. Mārtiņš Sidorenkovs	2. Mareks Leitis
3. Raens Marko Rozenbergs	3. Guntars Ērkšis
Absolūti spēcīgākie juniori:	
1. Aleksis Koškins	
2. Andrejs Sobačevskis	

Komandu ieskaite:	
Fortelecava	3326.58
KULDĪGA	2656.70
Rozental	2552.03
Saldus	1980.27
Goldbarbell	1517.09
KoverKang	1208.78
VikingR	589.46